

**We cordially invite all member associations of the FIS to participate in the
13rd FIS WORLD CUP RUKA NORDIC on November 28th – 30th 2014 in Kuusamo**

PROGRAMME

Thursday 27.11.2014

13.00 Team captains´ meeting, Ski Jumping
16.00 Official training (2 rounds), Ski Jumping HS 142
18.00 Qualification HS 142, Ski Jumping
18.00 Team captains´ meeting, Nordic Combined

Friday 28.11.2014

10.00-12.00 Official training (2 rounds), Nordic Combined HS 142
10.30-11.45 Official training, Cross Country, C
12.00 Provisional competition round, Nordic Combined, HS 142
15.30 Team captains´ meeting, Cross Country
15.30-16.30 Official Cross Country Training, Nordic Combined, F
17.00 Trial round HS 142, Ski Jumping
18.00 Ski Jumping HS 142, Viessmann FIS World Cup

Saturday 29.11.2014

10.30 Trial round HS 142, Nordic Combined
10.45 Sprint Qualification (L+M), Cross Country skiing, C, (1,4 km) Viessmann FIS World Cup
11.30 Nordic Combined, Ski Jumping HS 142, Viessmann FIS World Cup
13.00 Cross Country, Sprint Ladies+Men, finals, C (1,4 km), Viessmann FIS World Cup
15.30 Nordic Combined, Gundersen, 10 km, F (4x2,5 km) Viessmann FIS World Cup
15.30 Qualification HS 142, Ski Jumping
17.00 Ski Jumping HS 142, Viessmann FIS World Cup
17.00 Team captains´ meeting, Nordic Combined
17.30 Team captains´ meeting, Cross Country

Sunday 30.11.2014

09.00 Trial round HS 142, Nordic Combined
10.00 Nordic Combined, Teamsprint, Ski Jumping HS 142, Viessmann FIS World Cup
11.15 Cross Country, 10 km Ladies, C (2x5 km) Viessmann FIS World Cup
13.00 Cross Country, 15 km Men, C (3x5 km) Viessmann FIS World Cup
15.00 Nordic Combined, Teamsprint, F (2x7,5 km), Viessmann FIS World Cup

ENTRY

Cross Country, Ski Jumping and Nordic Combined:
The entries must be done by FIS online entry system on www.fis-ski.com .

Radio licence application

Deadline for the radio licence application is 14th November 2014 and is to be sent to FICORA directly :
radioataajuudet@ficora.fi or fax +358 295 390 270. For more information, please see www.ficora.fi .

RESTRICTIONS

FIS rules will apply. The number of participants must comply with World Cup rules and regulations.

LIABILITY

Each competitor must be insured by his/her own association. The OC have coverage for their own third part liability only.

TECHNICAL DELEGATES

	TD	Assistant TD	National Assistant TD
Cross Country	Robert Peets (EST)	Riikka Rakic (SUI)	Raiko Pousi (FIN)
Ski Jumping	Sandro Pertile (ITA)	Thomas Hasslberger (GER)	
Nordic Combined	Branko Simic (SLO)	Thomas Abratis (GER)	Jarkko Laine (FIN)

EXPENSES

Financial conditions according to the FIS World Cup regulations. For electronic payments Iban and bic-codes are needed.

ACCOMMODATION

Information and reservations Lomarengas tel.+358 306 502 535, fax. +358 306 502 549,
email: rukanordic@lomarengas.fi.

INFORMATION

FIS Ruka Nordic Opening, Kuusamon Erä-Veikot, Vanttajantie 6 B, FI-93600 KUUSAMO, FINLAND
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www.rukanordic.com, e-mail: seppo.linjakumpu@rukanordic.com.

Welcome to Kuusamo

KUUSAMON ERÄ-VEIKOT – KUUSAMO

ORGANIZING COMMITTEE

